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# Abnormal Psychology (3rd Edition)



## Synopsis

NOTE: Access Code NOT INCLUDED with this book *Real Science. Real Life. Now with DSM5* coverage throughout. This leading-edge author team, consisting of three active researchers, clinicians, and educators, take a scientist-practitioner approach emphasizing the rich blend of both the science and practice of abnormal psychology throughout the text. The developmental trajectory of each condition is discussed where appropriate and scientific findings with respect to race and gender are incorporated into discussions about each condition. Biological findings are integrated with findings from social and behavioral sciences, highlighting the complexity of abnormal behavior and how it is often influenced by a wide range of variables. The authors encourage students to look at psychological disorders along a continuum and analyze disorders in terms of whether the individual's behavior creates distress or impairs daily functioning. Importantly, an effort is made to "bring to life" the nature of these conditions by providing vivid clinical descriptions. In addition to short descriptions used liberally throughout each chapter, a fully integrated case study is presented at the end of each chapter, again illustrating the interplay of biological, psychosocial and emotional factors. The 3rd edition includes coverage of the Diagnostic and Statistical Manual (DSM-5), with updated text references and examples throughout. MyPsychLab is an integral part of the Beidel / Bulik / Stanley program. Key learning applications include MyPsychLab video series with new virtual case studies. Teaching & Learning Experience Personalize Learning MyPsychLab is an online homework, tutorial, and assessment program. It helps students prepare for class and instructor gauge individual and class performance. Improve Critical Thinking Students are encouraged to think critically about current controversial issues in the field and to consider the fine line between "normal" and "abnormal" behavior. Engage Students Real cases in the text based on the authors' own clinical files along with videos of real people with psychological disorders on MyPsychLab engage students in the material and help to destigmatize disorders. Explore Research Icons highlight what is known about the developmental trajectory of each condition. Virtual Reality therapy and other topics engage students in current research and help them see the relationship between science and clinical practice. Support Instructors Speaking Out video interviews featuring real people with psychological disorders, along with their family and friends, help instructors engage students both in and out of the classroom. Included on DVD, on MyPsychLab, and embedded in the PowerPoint slides, these and other resources provide extensive support for instructors. Find us on Facebook! Login and search for: Beidel/Bulik/Stanley, *Abnormal Psychology*

## Book Information

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## **Customer Reviews**

Deborah C. Beidel, Ph.D., ABPP Dr. Beidel received her Ph.D. from the University of Pittsburgh and completed her internship and post-doctoral fellowship at Western Psychiatric Institute and Clinic, University of Pittsburgh . After serving as faculty at the University of Pittsburgh School of Medicine (Western Psychiatric Institute and Clinic; WPIC), the Medical University of South Carolina (MUSC), the University of Maryland, and Penn State College of Medicine, she is now Professor of Psychology and Director of Clinical Training at the University of Central Florida. She was the 1990 recipient of the Association for Advancement of Behavior Therapy's (AABT) New Researcher Award, and the 2007 recipient of the American Psychological Association's, Division 12 Samuel M. Turner Clinical Research Award. She is a Fellow of the American Psychological Association and the American Psychopathological Association and a past-president of the Society for a Science of Clinical Psychology. She is a past Chair of the American Psychological Association's Committee on Accreditation and the 1995 recipient of the Distinguished Educator Award from the Association of Medical School Psychologists. Dr. Beidel has twice been awarded the "Apple for the Teacher Award" from the University of Pittsburgh, an award given by students to faculty considered to be outstanding teachers. Currently, she serves as Associate Editor of the Journal of Anxiety Disorders and on the editorial board of a number of scientific journals. Her academic, research, and clinical interests focus on child and adult anxiety disorders, including their etiology, psychopathology, and behavioral treatment. Her research is characterized by a developmental focus, and includes high risk and longitudinal designs, psychophysiological assessment, treatment outcome, and treatment development. Dr. Beidel is the author of over 175 publications including

journal articles, book chapters, books and edited books.Â Her most recent book,Â *Child Anxiety Disorders: A Guide to Research and Treatment*Â (authored with Samuel M. Turner, Ph.D., Routledge/Taylor and Francis) was published in summer 2005. Dr. Beidel is the recipient of over 20 years of continuous funding of NIMH grants addressing the development and efficacy of behavioral interventions for adults and children with anxiety disorders.Â In addition to her research, teaching, and training responsibilities, she is a licensed psychologist and an active clinician. Â Click here to hear Dr. Beidel discuss the Scientist-Practitioner Model:Â <http://www.4researchers.org/articles/4566>

Â Cynthia M. Bulik, Ph.D. Â Â Â Â Â Â Â Dr. Cynthia Bulik is the William R. and Jeanne H. Jordan Distinguished Professor of Eating Disorders at the University of North Carolina at Chapel Hill where she is also Professor of Nutrition in the School of Public Health and the Director of the UNC Eating Disorders Program. A clinical psychologist by training, Dr. Bulik has been conducting research and treating individuals with eating disorders for the past 22 years.Â As illustrated by her curriculum vitae, Dr. Bulik also has substantial expertise in the area of mood disorders.Â She received her BA from the University of Notre Dame and her MA and PhD from the University of California at Berkeley in 1988.Â She completed internships and post-doctoral fellowships at the Western Psychiatric Institute and Clinic in Pittsburgh, PA. She developed outpatient, daypatient, and inpatient services for eating disorders both in New Zealand and in the United States. Her research has included treatment, laboratory, epidemiological, twin and molecular genetic studies of eating disorders and body weight regulation.Â More recently she has begun to explore innovative means of integrating technology into treatment for eating disorders and obesity. Dr. Bulik has written over 230 scientific papers and chapters on eating disorders and is author of the booksÂ *Eating Disorders: Detection and Treatment* (Dunmore Press)Â andÂ *Runaway Eating*Â (Rodale).Â She is a past president of the Academy for Eating Disorders and currently an Associate Editor of the International Journal of Eating Disorders. Â Dr. Cynthia Bulik appeared on Good Morning America, March 17, 2009. Interview available on YouTube:<http://www.youtube.com/watch?v=fhnJ81QRpaY> Â Follow Dr. Bulik on Twitter:Â @cbulikÂ Â Melinda A. Stanley, Ph.D. Â Â Â Â Â Â Â Â Dr. Stanley is Professor of Psychiatry and Behavioral Sciences at Baylor College of Medicine where she also serves as Head of the Division of Psychology. Previously, she was Professor of Psychiatry and Behavioral Sciences at the University of Texas Health Science Center at Houston where she served as Director of Psychology Training for 8 years.Â Dr. Stanley received a B.A. from Gettysburg College in 1980, M.A. from Princeton University in 1982, and Ph.D. from Texas Tech University in 1987.Â She completed her internship and post-doctoral training at the University of Pittsburgh

School of Medicine in 1988. Her current primary clinical and research interests focus on the identification and treatment of anxiety and depression in older adults, with an emphasis on service provision in primary care and community settings. Other clinical and research interests include the nature and treatment of generalized anxiety, obsessive compulsive disorder, and trichotillomania. Dr. Stanley has received consistent external funding to support her research for over 16 years, and she has published more than 110 scientific articles and chapters. She is a Fellow of the American Psychological Association, Division 12, Clinical Psychology, and she recently served as Associate Editor for *Behavior Therapy*. She currently serves as a reviewer for numerous scientific journals, and she regularly participates in federal grant review panels.

If you're a psychology major or are interested in mental disorders, this book has everything and will not disappoint you. With each disorder there is the new DSM-5 diagnostic criteria. It's easy to read, and very thorough. Each section has small case studies to help you understand the disorder better. Each chapter has a comprehensive summary and definition section, as well as, a multiple choice quiz. There is a "mypsychlab" which I purchased the "key" from my university. It DOES NOT come with this book. I bought this new for my college course and it didn't have the "key." So, if you're a student and want to use the "mypsychlab," which is awesome and will really help you excel in your class, ask your university how you can get the "key." In every chapter you will see an "eye" icon. If you have "mypsychlab" you can view the text on your computer and click on the "eye." You will then watch a short video of someone who has experienced the disorder.

It's a good read that goes far to explain abnormal psychology. I don't know if the 16th edition has much to offer more than the 15th (other than DSM-5 input), but the DSM-5 is under review and expected to update so we can also expect a 17th very soon after. I would rent this book for class and buy the 15th (or 14th) edition after class.

I had to buy this book for my abnormal psychology class at my university. At the barnes and noble bookstore they sell this exact text book for \$126 for a USED COPY, and \$168 for a new copy of it, and keep in mind this yellow covered one is not even the latest edition of this text!! It is OUTRAGEOUS how college bookstores totally scam their students. ...Anyways, the bottom line is, if you need this book, get it from ; I paid about \$10 for it. And if you don't really "need" this book, but you're just interested in the topic, this book is still a good choice. A lot of textbooks are really boring and/or difficult reads, but this one keeps me interested with several case studies, related images,

personal accounts, information about controversies, etc etc. The only downside to this book might be that it has quite a bit of text per page, if that kind of thing is difficult for you to deal with.

This book was informative and contained great, detailed explanations of concepts. However, as other reviewers have mentioned, it does seem a bit disorganized. There were quite a few concepts I believed should have been in a specific chapter or section, yet were placed chapters away from the "correct" area. On the positive side, the book contains DSM-V information and pretty decent chapter summaries. Also, the authors (in my opinion) did a good job detailing psychological factors for information involving potentially sensitive subjects, such as various cultures and sexual matters. For a basic psychology class, it could be a good reference, if you want to pay that amount of money.

Loved the thoroughness of this book as well as the reader friendly lay out. My Ab Psych professor recommended we purchase this text because it would serve as a valuable resource for future practice as Psychologists or Psychiatrists.SAJ

great learning tool...very comprehensive and perfect mate to DSM manual. Clear and concise presentations of therapy techniques used in diagnostics. Culturally sensitive and brings awareness to varying cultures perspectives on what may be considered abnormal and normal in a plethora of cultures. A must have for those desiring to understand the nature and process of abnormal psychology.

The material itself is good for someone studying psychology. I purchased this book because I needed it for a class, and it was easy to understand. my only problem is that when I purchased it, the product info was that it is a "New" book, but it was not new. Sure, it looks new, but there is writing in some of the pages. Just thought that wasn't worth the \$180-something.

I bought this book last year to review as core text book for my psychopathology course - it had everything I needed such as key concepts, solid examples, excellently organized, easy to follow and very thorough. I especially appreciated the lack of fluff and the focus on important concepts, diagnostic criteria and how it related to the DSM IV TR (at the time). This is an excellent book and I use to presently to review the concepts of mental illness, organization of mental disorders, and review of criterias for graduate level students. I have also incorporated the material in some fiction for my main characters. Excellent read and great text book.

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